

## JPA Menu for August 2024

### Breakfast All Weeks

Menu Item / Day of Week	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Grain</b>	Cheerios	Cinnamon Chex	Corn Flakes	Corn Chex	Honey Scooter	1 oz bowls
<b>Fruit</b>	Diced Peaches	Banana	Mandarin Cup	Raisin	Apple	Min 1/2 cup a day
<b>Drink</b>	Low Fat or No Fat Milk	Low Fat or No Fat Milk	Low Fat or No Fat Milk	Low Fat or No Fat Milk	Low Fat or No Fat Milk	6 oz per day

### August Lunch Menu

August	5	6	7	8	9	
<b>Grain</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	Baked Ziti	Half Challah Roll	Min 1 oz a day
<b>Meat/Meat Alternate</b>				American Cheese or Peanut Butter	Min 1.5 oz a day	
<b>Vegetable</b>				Cucumbers/Pepper	Min 1/4 cup a day	
<b>Fruit</b>				Cantaloupe	Min 1/4 cup a day	
<b>Drink</b>				Low Fat or No Fat Milk	6 oz per day	
<b>August</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	
<b>Grain</b>	WW Bread	WW Bread Cheese Sandwich	WW Cheese Lasagna	WW Pasta	Half Challah Roll	Min 1 oz a day
<b>Meat/Meat Alternate</b>	Fish Sticks+Slice of Cheese			Meat Sauce	Egg	Min 1.5 oz a day
<b>Vegetable</b>	Fries	Cucumbers/Pepper	Cucumbers/Pepper	Cucumbers/Pepper	Cucumbers/Pepper	Min 1/4 cup a day
<b>Fruit</b>	Grapes	Apple	Cantaloupe	Honeydew	Watermelon	Min 1/4 cup a day
<b>Drink</b>	100% Apple Juice	Low Fat or No Fat Milk	Low Fat or No Fat Milk	100% Apple Juice	Low Fat or No Fat Milk	6 oz per day
<b>August</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	
<b>Grain</b>	Rice	Alex's Pizza	WW Burger Bun	Baked Ziti	Half Challah Roll	Min 1 oz a day
<b>Meat/Meat Alternate</b>	Chicken		Burger		American Cheese or Peanut Butter	Min 1.5 oz a day
<b>Vegetable</b>	Green Beans	Chickpea Salad	Fries	Cucumbers/Pepper	Cucumbers/Pepper	Min 1/4 cup a day
<b>Fruit</b>	Grapes	Apple	Pineapple	Cantaloupe	Watermelon	Min 1/4 cup a day
<b>Drink</b>	100% Apple Juice	Low Fat or No Fat Milk	100% Apple Juice	Low Fat or No Fat Milk	Low Fat or No Fat Milk	6 oz per day
<b>August</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Grain</b>	WW Bread	WW Bread Cheese Sandwich	WW Pasta	WW Cheese Lasagna	Half Challah Roll	Min 1 oz a day
<b>Meat/Meat Alternate</b>	Fish Sticks+Slice of Cheese		Meat Sauce		Egg	Min 1.5 oz a day
<b>Vegetable</b>	Fries	Cucumbers/Pepper	Cucumbers/Pepper	Cucumbers/Pepper	Cucumbers/Pepper	Min 1/4 cup a day
<b>Fruit</b>	Grapes	Apple	Honeydew	Cantaloupe	Watermelon	Min 1/4 cup a day
<b>Drink</b>	100% Apple Juice	Low Fat or No Fat Milk	100% Apple Juice	Low Fat or No Fat Milk	Low Fat or No Fat Milk	6 oz per day

\*Reminder: Please do not send dairy snacks/food on days when chicken/meat is served.

This institution is an equal opportunity provider and employer.